zebedees
deliciously nutritious nursery meals

Nursery Kids Club Tea Menu

Autumn Winter 2026/27

Week A	Item 1	Item 2	Item 3	Snack Item
Monday	**Soft Flour Wrap (G) with Cheddar, Feta & Soft Cheese (D)**	Sweetcorn & Diced Pepper	**Fruit**	**Homemade Margarita Wholemeal Pizza (D) (G) (T)**
Tuesday	**Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)**	**Hard Boiled Egg Wedges (E)**	Sliced Melon Medley	**Cheddar & Chive Cornbread (D) (E) (G) (S)**
Wednesday	**Egg, Chive & Mayonnaise Wholemeal Roll (E) (G)**	Sliced Peppers	**Fruit**	Corn Cake **with Soft Cheese (D)**
Thursday	**Tuna, Cucumber & Creme Fraiche Flatbread (D) (F) (G)**	Roast Chicken Slices	Orange Slices	**Broccoli, Feta, Chickpea & Chive Savoury Muffin (D) (E) (G) (PU) (S)**
Friday	**Mozzarella & Chickpea Pesto Pasta (D) (G) (PU)**	Grated Courgette & Carrot	Diced Apricots	**Cheese & (D)** Lettuce **Wrap (G)**
Week B	**Item 1**	**Item 2**	**Item 3**	**Snack Item**
Monday	**Mixed Cheese & Carrot Flatbread (D) (G)**	Cucumber	Corn Cake **with Mixed Bean Salsa (PU) (T)**	**Cheddar & Chive Cornbread (D) (E) (G) (S)**
Tuesday	**Tomato, Pea & Basil Pasta (G) (PU) (T)**	**Focaccia Bread Fingers (G) with Houmous (PU)**	**Fruit**	**Cheese & (D)** Lettuce **Wrap (G)**
Wednesday	**Tuna, Sweetcorn & Creme Fraiche Wholemeal Roll (D) (F) (G)**	Sliced Peppers	Diced Peaches	**Broccoli, Feta, Chickpea & Chive Savoury Muffin (D) (E) (G) (PU) (S)**
Thursday	**Homemade Roasted Red Onion, Pepper & Courgette Wholemeal Pizza (D) (G) (T)**	**Hard Boiled Egg Wedges (E)**	Sliced Melon Medley	Corn Cake **with Soft Cheese (D)**
Friday	**Feta, Red Pepper, Sweet Potato & Chickpea Cornbread (D) (E) (G) (PU) (S)**	Cucumber	Orange Slices	**Homemade Margarita Wholemeal Pizza (D) (G) (T)**
Week C	**Item 1**	**Item 2**	**Item 3**	**Snack Item**
Monday	**Chicken, Cucumber & Soft Cheese Wholemeal Roll (D) (G)**	Sweetcorn & Diced Pepper	Diced Apple & Apricot	Corn Cake **with Soft Cheese (D)**
Tuesday	**Soft Flour Wrap (G) with Tuna Mayonnaise (F)**	Grated Courgette & Carrot	**Fruit**	**Cheddar & Chive Cornbread (D) (E) (G) (S)**
Wednesday	**Broccoli, Feta, Chickpea & Chive Savoury Muffin (D) (E) (G) (PU) (S)**	Cucumber	Orange Slices	**Homemade Margarita Wholemeal Pizza (D) (G) (T)**
Thursday	**Homemade Chicken & Pineapple Wholemeal Pizza (D) (G) (T)**	Sweetcorn & Grated Carrot	**Fruit**	**Cheese & (D)** Lettuce **Wrap (G)**
Friday	**Egg & Creme Fraiche Wholemeal Roll (D) (E) (G)**	Sliced Peppers	Sliced Melon Medley	**Broccoli, Feta, Chickpea & Chive Savoury Muffin (D) (E) (G) (PU) (S)**

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten
PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.